

# MAY 2018

MON

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FRI

Good Eats at:

Richland Springs ISD

**'YOU ART WHAT YOU EAT'**  
ART CONTEST  
CREATE & ENTER!  
ENDS MAY 15!  
[squaremeals.org/artcontest](http://squaremeals.org/artcontest)

**Special Announcements**  
May 28 Memorial Day  
May 31 Early Release

<p><b>'YOU ART WHAT YOU EAT'</b> ART CONTEST CREATE &amp; ENTER! ENDS MAY 15! <a href="http://squaremeals.org/artcontest">squaremeals.org/artcontest</a></p>	<p>Cinnamon Roll</p> <p>Lunch: Chili Peaches Baked Potatoes Broccoli Cheese Cracker Milk</p> <p>1</p>	<p>Yogurt or Cereal</p> <p>Lunch: Crispy Taco Beans Salad w/Tomatoes Mandarin Oranges Milk</p> <p>2</p>	<p>Pancake on a stick</p> <p>Lunch: Southwest Chicken Casserole Corn Salad w/Tomatoes Mixed Fruit Milk</p> <p>3</p>	<p>Biscuits</p> <p>Lunch: Chicken Pattie Salad w/Tomatoes French Fries Fresh Fruit Milk</p> <p>4</p>
<p>Breakfast Pizza</p> <p>Lunch: Calzone Corn salad Pear Milk</p> <p>7</p>	<p>Pancake w/syrup</p> <p>Lunch: Chicken Spaghetti Salad w/Tomatoes Carrots Mixed Fruit Bread Milk</p> <p>8</p>	<p>Yogurt or Cereal</p> <p>Lunch: Tostada Refried Beans Salad w/Tomatoes Peaches Milk</p> <p>9</p>	<p>Morning Sausage Roll</p> <p>Lunch: Chicken Nugget Mashed Potatoes Green Bean Strawberry Milk</p> <p>10</p>	<p>Biscuits</p> <p>Lunch: Hot Dogs Baked Beans Tater tots Fresh Fruit Milk</p> <p>11</p>
<p>French Toast Sticks</p> <p>Lunch: Soft Chicken Taco Pinto Beans Salad w/tomatoes Pineapple Flour Tortilla Milk</p> <p>14</p>	<p>Waffles w/syrup</p> <p>Lunch: Lasagna Salad carrots Mixed Fruit Bread Stick Milk</p> <p>15</p>	<p>Yogurt or Cereal</p> <p>Lunch: Chicken Thighs Mashed Potatoes Green Beans Peaches Bread Milk</p> <p>16</p>	<p>Pancake on a stick</p> <p>Lunch: Burrito Corn Salad w/tomatoes Applesauce Flour Tortilla Milk</p> <p>17</p>	<p>Biscuits</p> <p>Lunch: BBQ on a Bun Ranch Beans French Fries Fresh Fruit Pickles Milk</p> <p>18</p>
<p>Breakfast Pizza</p> <p>Lunch: Beef Tips Mashed Potato Green Beans Bread Pineapple Milk</p> <p>21</p>	<p>Pancake on a stick</p> <p>Lunch: Nachos w/ground beef Ranch Beans Salad Pears Milk</p> <p>22</p>	<p>Yogurt or Cereal</p> <p>Lunch: Chicken Penne Salad w/Tomatoes Baby Carrots Peaches Milk</p> <p>23</p>	<p>Morning Sausage Roll</p> <p>Lunch: Chicken Chop Suey Mixed Vegetable Medley Rice Mandarin Oranges Milk</p> <p>24</p>	<p>Biscuits</p> <p>Lunch: Hamburger Lettuce Tomatoes French Fries Pickles Fresh Fruit Milk</p> <p>25</p>
<p>Holiday</p> <p>28</p>	<p>Cinnamon Rolls</p> <p>Lunch: BBQ on a bun Beans French Fries Fruit Milk</p> <p>29</p>	<p>Yogurt or Cereal</p> <p>Lunch: Corn Dogs Baked Beans Tomatoes w/Cucumbers Fruit Milk</p> <p>30</p>	<p>Morning Sausage Roll</p> <p>Lunch: Pizza Corn Salad Fresh Fruit Milk</p> <p>31</p>	

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 18 and Younger

STARTING JUNE 1  
For A Meal Near You  
Call 211 or Text  
FOODTX to 877-877

+200  
+100  
+50



Fun facts on back!



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER